



SKINPEN MICRONEEDLING

PRE TREATMENT

- If your face or the treatment area has irritated skin (sunburn, open wounds, sores) the day preceding your appointment, please contact our office before your appointment.
- Wait at least six months post isotretinoin or accutane use before your SkinPen procedure, as isotretinoin and Accutane use may impair proper wound healing.
- If you are prone to herpes simplex outbreaks, such as cold sores, consult your provider on ways to treat prior or whether the procedure is appropriate for you.
- If you are prone to bruising, we recommend taking Arnica tablets, such as SinEcch the day of treatment, which is available at Island Aesthetics.

POST TREATMENT

- Avoid strenuous exercise, hot tubs, saunas, and heavy sweating for 72 hours, as this can irritate healing skin.
- Protect your skin from direct sun exposure; reintroduce sunscreen after the first 24 hours.
- Do not apply products that have not been approved for use after microneedling, as they may increase the risk of irritation or complications.

First 24 Hours:

- Apply only Skinfuse Lift HG to the treated area.
- Do not use makeup, sunscreen, or any other skincare products.
- Expect mild redness and sensitivity, similar to a light sunburn.

Days 2-7:

- Some dryness, tightness, or flaking is normal.
- Avoid all active ingredients (glycolic acid, lactic acid, salicylic acid, retinol, etc.).
- Use only a gentler cleanser and gentle moisturizer.
- Broad-spectrum SPF 30+ (after the first 24 hours)

After Day 7:

- You may return to your regular skincare routine unless otherwise directed.