



# LASH LIFT & TINT

## PRE TREATMENT

- Come to your treatment with no eye makeup, mascara, or contacts.

## POST TREATMENT

- Avoid eye makeup and any eye treatments for 24 hours.
- Avoid rubbing or touching the eye area for 24 hours.
- Avoid putting in contact lenses for the rest of the day.
- Avoid water, swimming, saunas, and excessive sweating for 24 hours.
- Use an eyelash cleanser daily.
- Comb lashes upward using a clean mascara wand when needed.