



# PERFECT PIGMENT PEEL

## PRE TREATMENT

- 6 months prior: Discontinue use of hydroquinone.
- 1 month prior: Discontinue use of retinol, mandelic acid, glycolic acid, & salicylic acid.
- No peels, laser resurfacing, or medical grade exfoliation within two weeks of treatment.
- No waxing in treated areas one week prior to treatment.
- Men should not shave 2 days prior to treatment.
- No scrubs or facial exfoliation on the day of treatment.
- Can not be pregnant or lactating.
- Can not have active Herpes Simplex blisters or cold sores.

## POST TREATMENT

- Spritz water on face to prevent mask from cracking, without removing the product.
- Upon returning home, leave mask on for \_\_\_\_ hours after the application.
- Gently remove the peel with cold water using a very gentle creamy or gel cleanser of your choice and pat skin dry with clean towel.
- Do not wash your face or apply any other products until Day 2.

## NOTES

- Do not pick or pull flaking skin. Allow the skin to heal naturally.
- Avoid the following for 2 weeks post treatment:
  - Excessive sweating, including sauna or steam rooms
  - Chlorine
  - Tanning beds and direct sunlight
  - Waxing
- Slight windburn sensation is normal for the first 7 days.
- Mild to moderate erythema (redness of the skin), stinging sensation, and tightening of the skin are to be expected 24 to 48 hours after the peel application.

## HEMOCARE REGIMEN

### Day 2 (24 hours after)-8:

#### AM

1. Cleanse skin with gentle cleanser of your choice and cold water. We recommend NOON Microsoft Cleanser.
2. Apply the Peptide Cream and pat into skin gently.
3. Apply a thick moisturizer. We recommend NOON OMG Cream.
4. Apply SPF 30+. We recommend EltaMD UV AOX Elements or NOON Brush & Go.

Reapply SPF throughout the day.

#### PM

1. Cleanse skin with gentle cleanser of your choice and cold water.
2. Apply the Maintenance Cream and pat into skin gently avoiding the eye area.
3. Apply the Peptide Cream and pat into skin gently.
4. Apply a thick moisturizer.

**Day 8-30** (start once peeling has stopped & skin is intact and discontinue when you run out of Peptide Cream & Maintenance Cream)):

#### AM

1. Cleanse skin with gentle cleanser of your choice and cold water.
2. Apply the Maintenance Cream and pat into skin gently avoiding the eye area.
3. Apply the Peptide Cream and pat into skin gently.
4. Apply a thick moisturizer.
5. Apply SPF 30+.

Reapply SPF throughout the day.

#### PM

- 1. Cleanse skin with gentle cleanser of your choice and cold water.
  - 2. Apply the Maintenance Cream and pat into skin gently avoiding the eye area.
  - 3. Apply the Peptide Cream and pat into skin gently.
  - 4. Apply a thick moisturizer.
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- Once you discontinue use of the Peptide Cream & Maintenance Cream it's recommended to use NOON Vit C Serum & Azelaic-Br 13 to maintain your results.
  - You can start using retinol, mandelic acid, glycolic acid, & salicylic acid 1 months after you discontinue use of Peptide Cream & Maintenance Cream.